

**Curriculum Objectives****Venue****Equipment****Reference****Strand Unit: Walking**

- Find an item in a confined area and use it in a matching activity.
- Outdoors.
- Sets of matching cards, e.g. two cats, two dogs, etc.
- Space markers/cones – one per child (plus two for demonstration).
- Photocopiable samples can be found at the end of this lesson.
- Primary School Curriculum (1999) Physical Education, page 23.
- Physical Education Teacher Guidelines, pages 91-93.

Move up a level

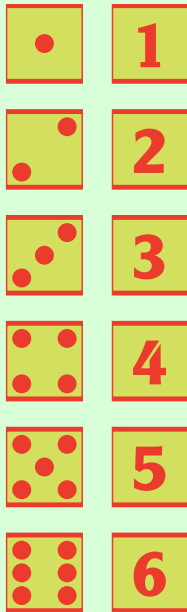
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ORGANISATION

Prepare a few sets of matching cards as shown. One sample is provided at the end of this lesson. For other ideas see variations.

One card per child in each set.



When making sets of matching cards, use a different colour paper for each set for ease of sorting.

ACTIVITY

Warm up and stretching: Visit your warm up bank.

1 Matching Cards

Give each child a space marker/cone and ask them to spread them out well, all around the area, and return to you.

Give each child a card and ask them to place it under an empty marker/cone, i.e. if there is a card there already go to another one.

Children return to you.

Now ask the children to walk/jog/skip around the equipment.

On a given signal, each child walks to a marker/cone and takes the card. They must now move around among their classmates to find the child with the matching card.

They return to you as a pair.

Repeat the activity as often as you wish, either using the same set of cards or changing them.

Variations:

By varying the cards, the possibilities are almost endless.

- Match number to number/dots to numbers.
- Match picture to picture.
- Match initial consonant to picture.
- Match picture to word – reading scheme.
- Match mother and young.
- Match animal to home e.g. dog to kennel
- Match $2+2$ to 4.
- Match pieces of a jig saw

This is an excellent activity to reinforce other curricular areas.

Finish with a playground game.







2 Development

This activity is repeated increasing the levels of difficulty of the matching cards (see variations above for suggestions).

TEACHING POINTS

- Explain the activity in the classroom.
- Give each child a card and ask him/her to walk around in silence until they find their **match**, and stand together, holding hands.
- This is essentially a walking activity, so use matching activities which the children already know. It is important that the activity is a positive one with all children experiencing success.

ACTIVITY CARD – MATCHING CARDS

ACTIVITY CARD – MATCHING CARDS

1

2

3

4

5

6