



Move up a level

PSSI Homepage

Curriculum Objectives

Venue

Equipment

Reference

Strand Unit: Orienteering

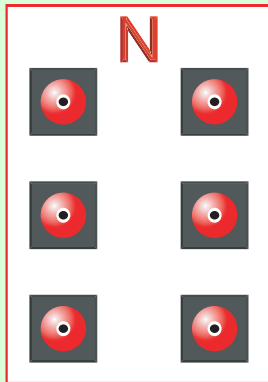
- Evaluate the child's understanding of map orientation, route choice and ability to follow a route.
- A large space indoors or outdoors.
- Three sets of six space markers/cones, six letters (three sets).
- N sign.
- Master plan.
- Route sheets.
- Answer sheet.
- Clip boards and paper – one per child.
- Matching cards – map symbols and words.
- Map of school, laminated and cut into a jig saw.
- Photocopiable samples of all necessary resources and layout plans can be found at the end of this lesson.
- Primary School Curriculum (1999) Physical Education, page 57-59.
- Physical Education Teacher Guidelines, pages 91.



ORGANISATION

Copy and laminate three sets of route sheets and letters.

Divide your work space into three sections. In each section place six cones in three rows, at least one metre apart as in illustration.



Place the correct letter under each marker/cone. Refer to your master plan to ensure correct placement.

Position the north sign.

Divide the children into three groups.

ACTIVITY

1 Route Sheet

Give each child a route sheet, a pencil and paper.

Allocate a group to each set of cones. Demonstrate a few routes before allowing the children to begin.

To avoid crowding, allocate each child a different number to start at.

The children begin to complete the test.

Collect route answer sheets for evaluation.

2 Hunt relay

For this activity you will need five/six copies of your school map cut into jig saws

Divide the children into teams of four/five.

Line each team up behind a start marker.

Place four markers, well spaced out, in a row opposite each team.

Place pieces of the jig saw under each marker.

On a given signal each team member runs up in turn and retrieves one piece.

The challenge is to see which team can assemble the jig saw first.

Repeat as often as you wish changing the colour to add variety to the activity.

3 Map Symbol Relay

For this activity you will need five/six copies of the map symbol game at the end of this lesson.

Divide the children into teams of six.

Line each team up behind a start marker

Place a container with map symbols at least five meters ahead of each team.

Place the matching words in a container in front of the start marker.

Each child in turn takes one word, runs up and must find the matching symbol and return .

The challenge is to see which team can match all the symbols first.

TEACHING POINTS

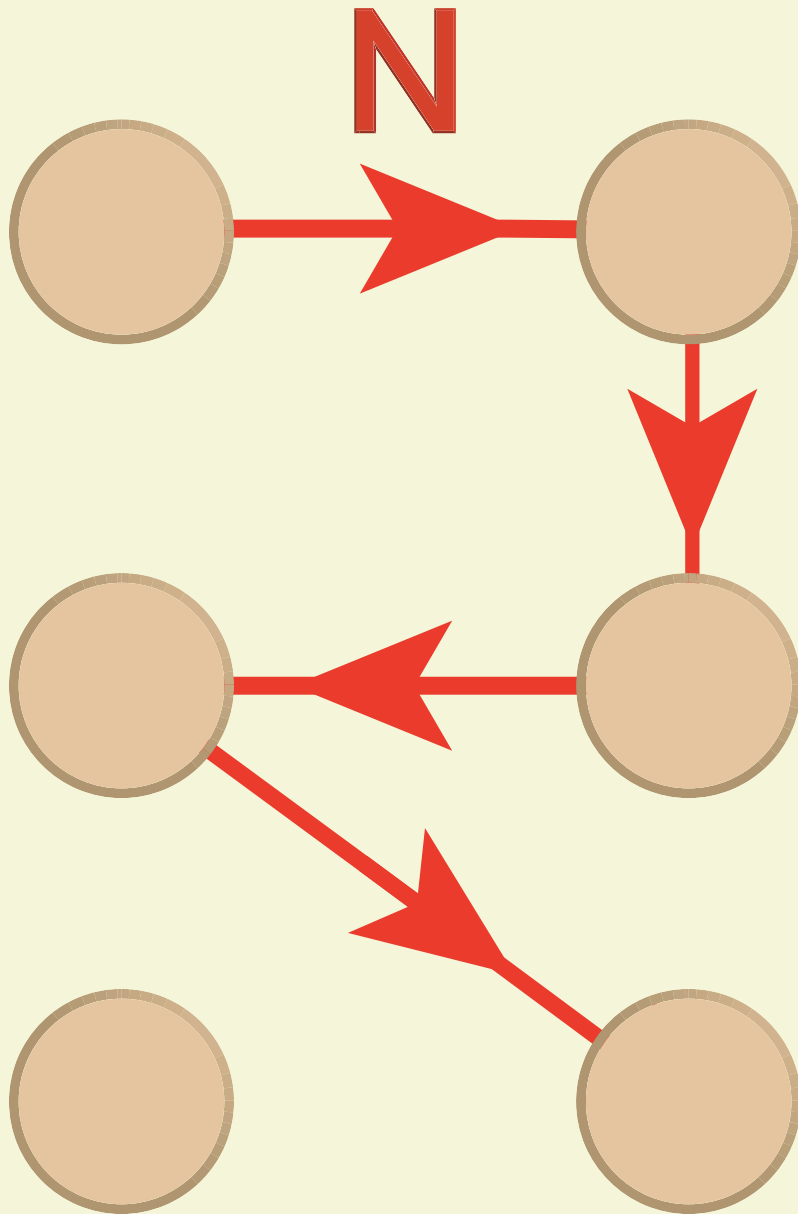
- Make sure the children's names are on their answer sheets.
- Help those in trouble. Revise map orientation – matching north on sheet to north sign.
- Continue to spot check that the children are completing the task correctly.

- For ease of sorting it is a good idea to copy the map onto different coloured paper before laminating and cutting into required number of pieces. Cutting each one differently will allow you to repeat the game a few times. It is important to cut the map into squares or rectangles so that the children become familiar with the map and not just piecing a jig saw together.

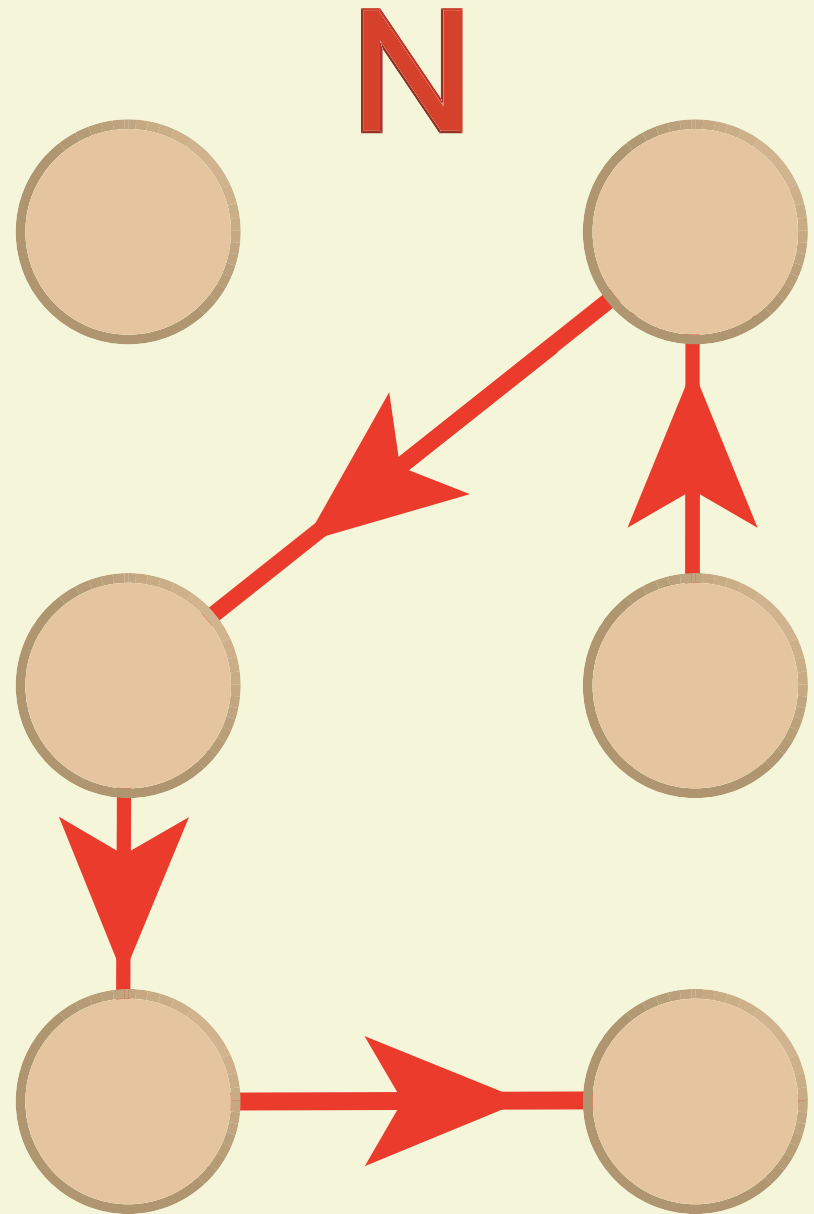
- For ease of sorting it is a good idea to copy the game onto different coloured paper before laminating.

ACTIVITY CARD – ROUTE SHEETS

1



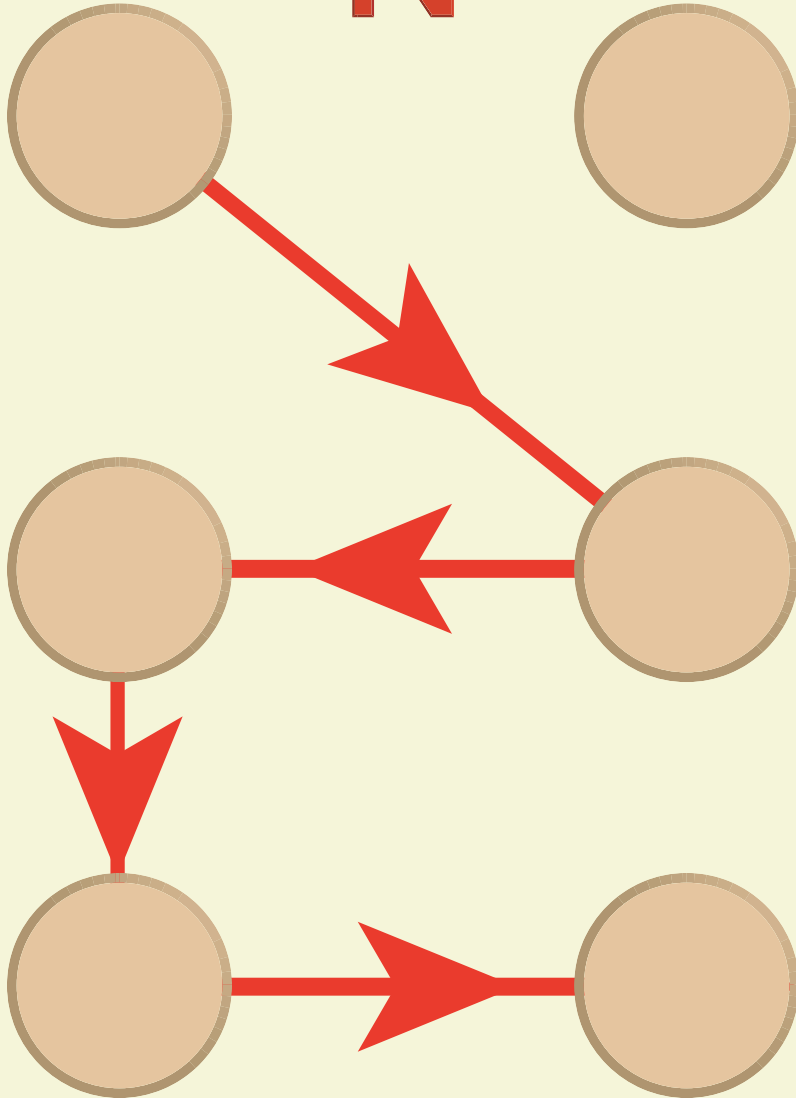
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ACTIVITY CARD – ROUTE SHEETS

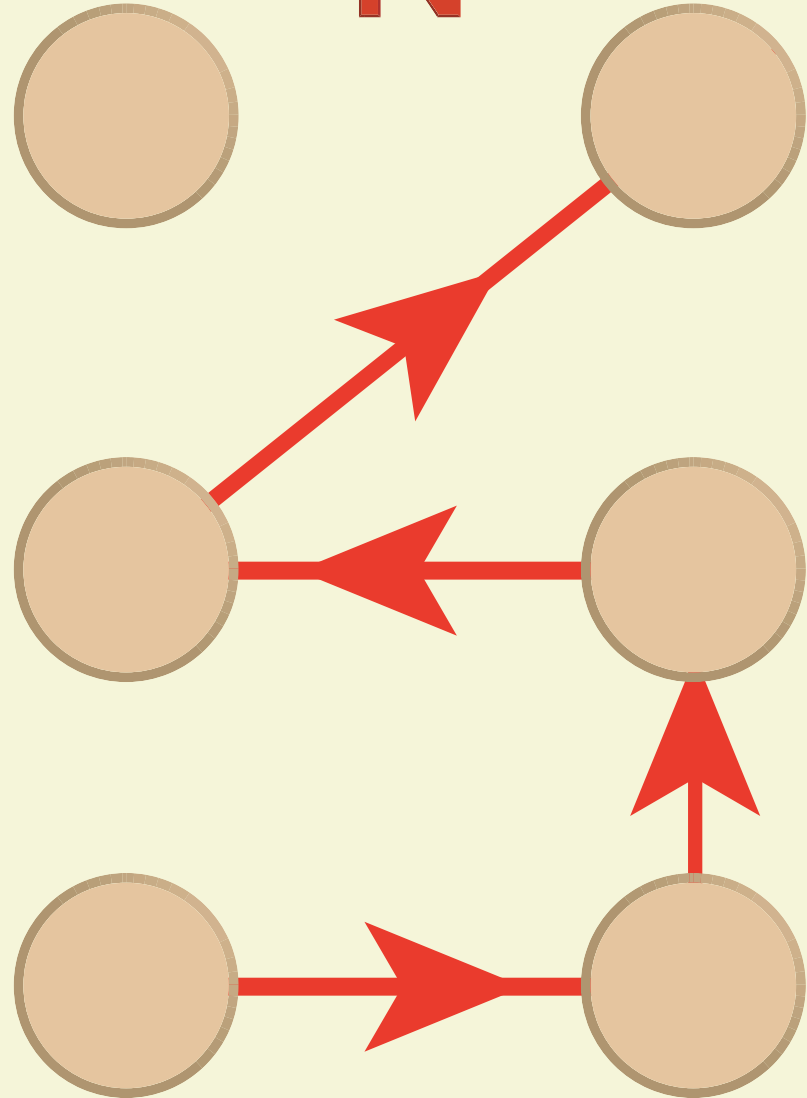
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N



4

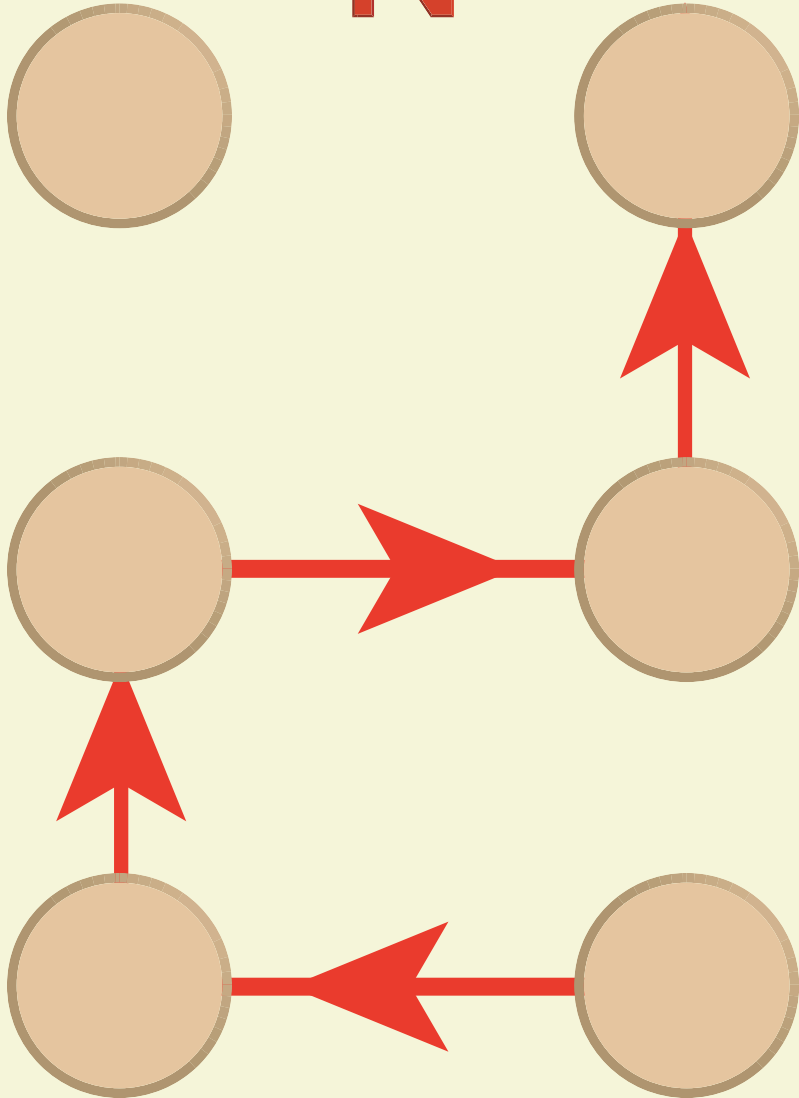
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ACTIVITY CARD – ROUTE SHEETS

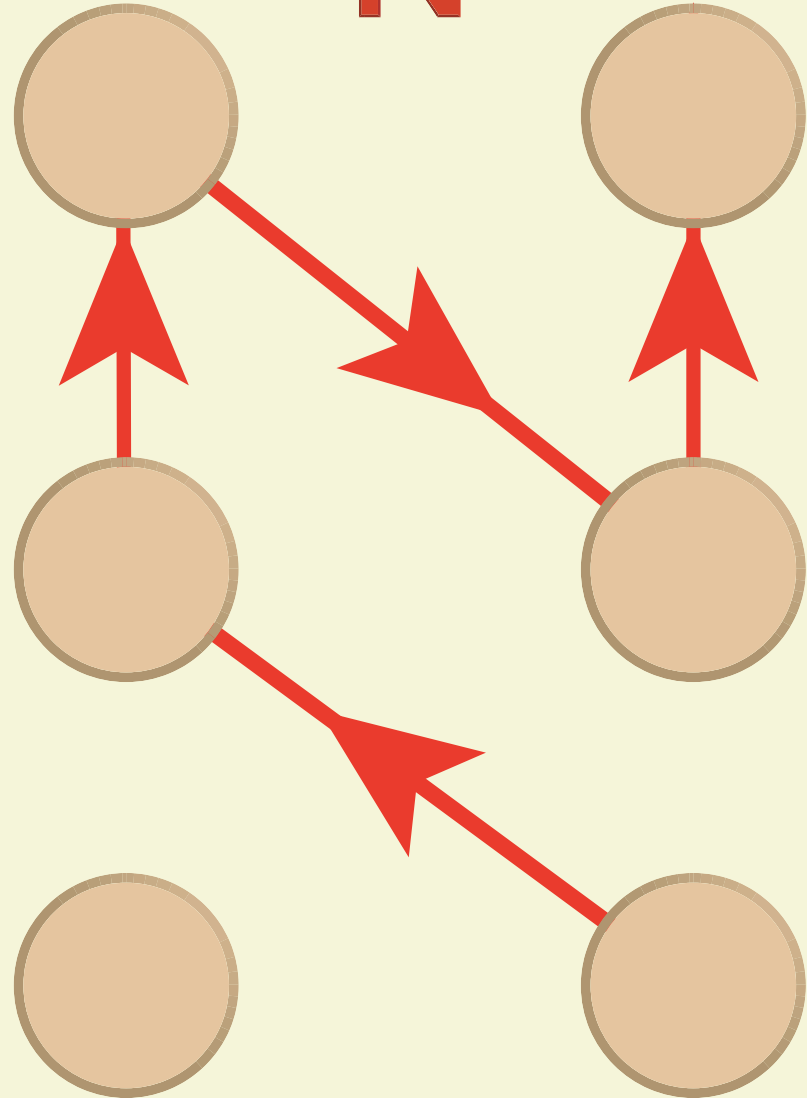
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N



6

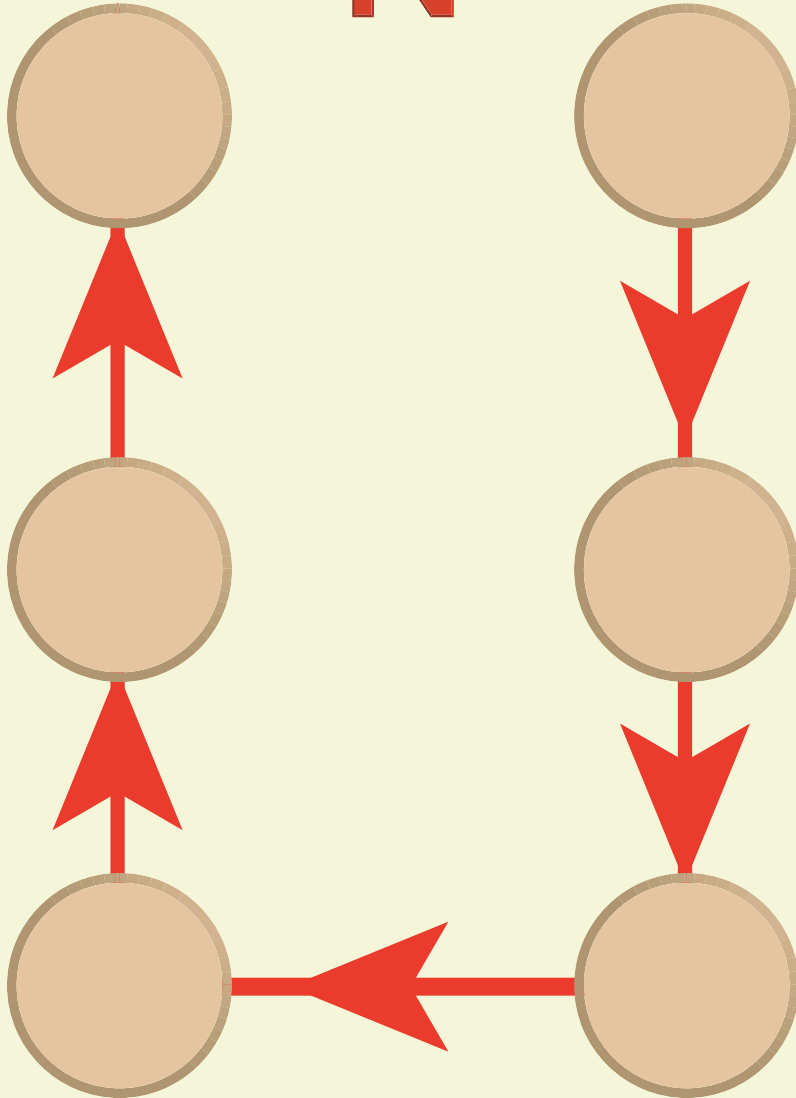
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ACTIVITY CARD – ROUTE SHEETS

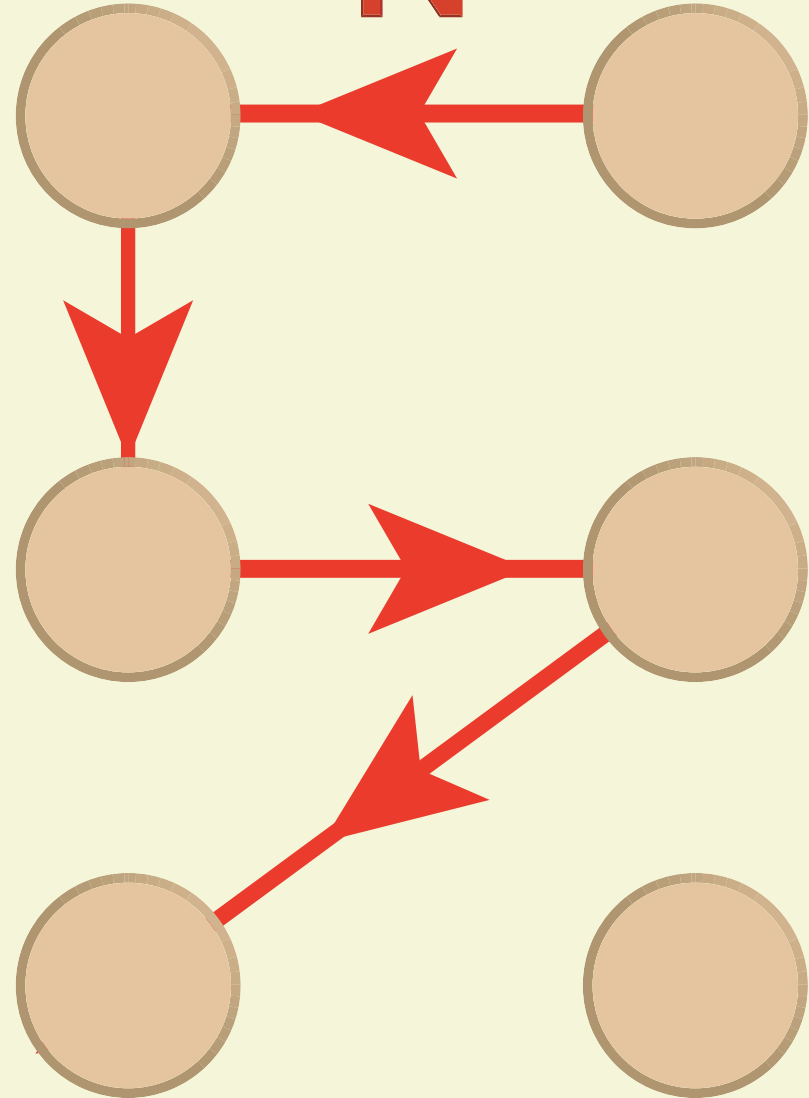
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N



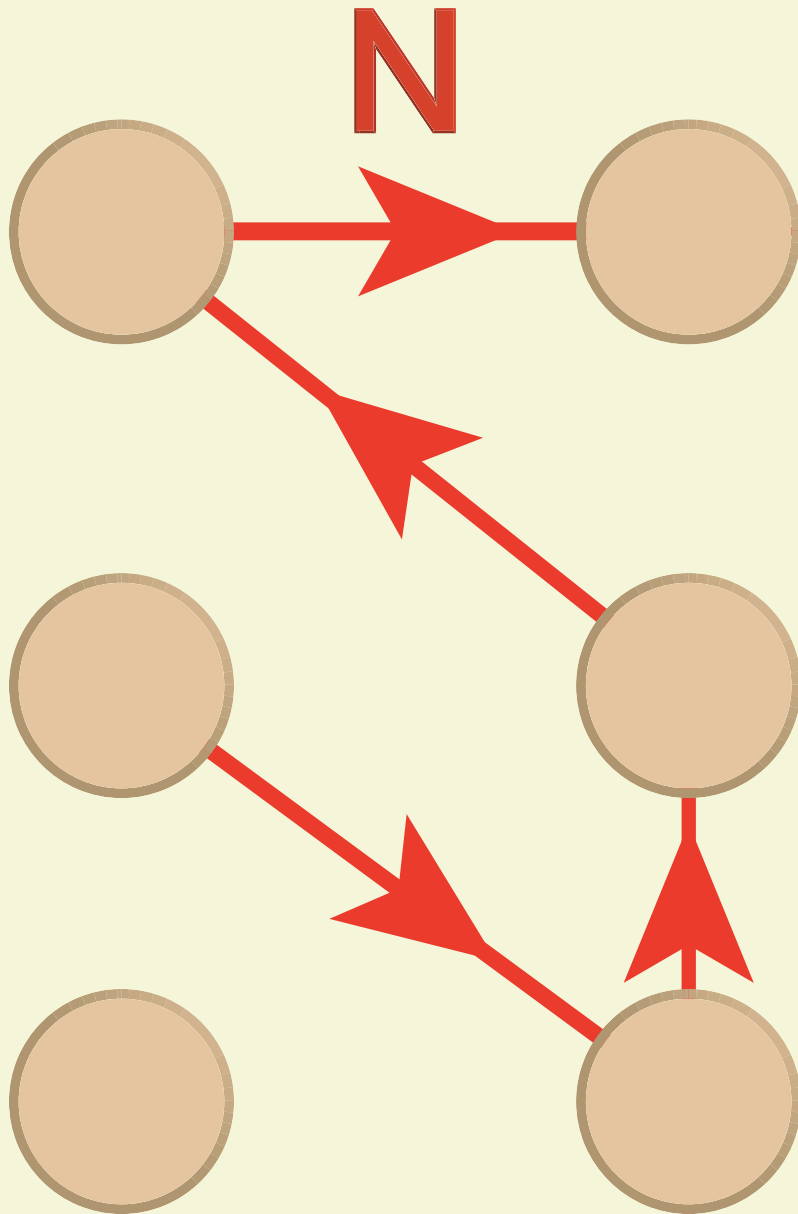
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N

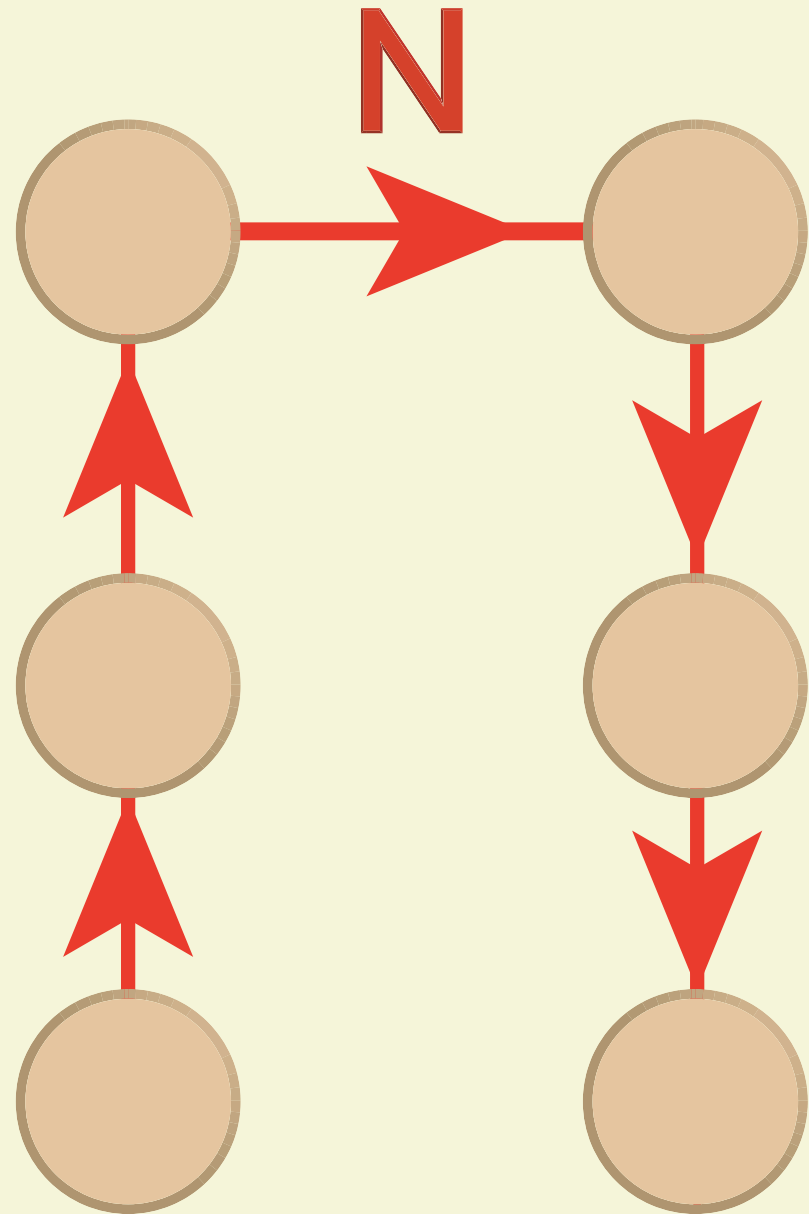


ACTIVITY CARD – ROUTE SHEETS

9



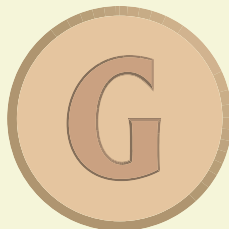
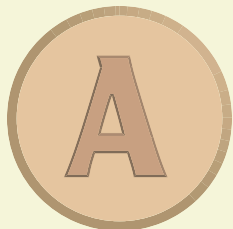
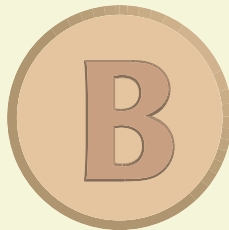
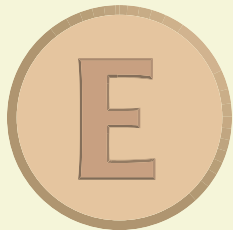
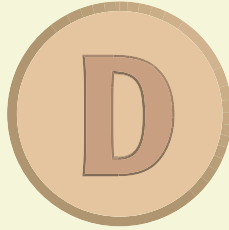
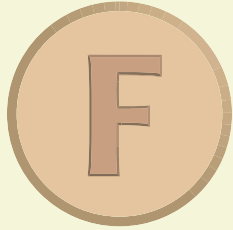
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ACTIVITY CARD – MASTER PLAN & ANSWER SHEET

Master Plan

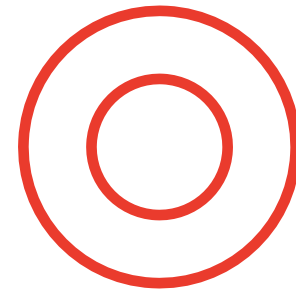
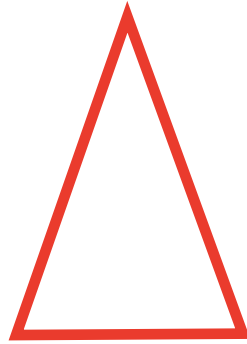
N



Answers to Route Sheet

| | |
|-----------|--------------------|
| 1 | F D B E G |
| 2 | B D E A G |
| 3 | F B E A G |
| 4 | A G B E D |
| 5 | G A E B D |
| 6 | G E F B D |
| 7 | D B G A E F |
| 8 | D F E B A |
| 9 | E G B F D |
| 10 | A E F D B G |

ACTIVITY CARD – MATCHING MAP SYMBOLS



ACTIVITY CARD – MATCHING MAP WORDS

BUILDING

START

PATH

WALL

FENCE

FINISH